



SAFE | Security Awareness for Everyone

TIP SHEET - MAY 2025

Unveiling the Truth Behind Cybersecurity Myths

Hey there! Let's talk about some common myths that float around the world of cybersecurity. Despite more folks making smarter choices to safeguard their data, some lingering misconceptions can still trip people up. Are you caught in the web of these myths? Let's debunk them together to make our online experience safer and more secure.

Myth 1: Cybersecurity Is Just Too Hard, So Why Bother?

You might think cybersecurity is this super complex realm that's not worth diving into because it feels like you need a Ph.D. in hacking to protect yourself. But hey, it's not all rocket science! There are simple ways you can boost your online security without needing to be a tech wizard. While we can't be 100% invincible online, small changes in your online habits can significantly ramp up your safety.

Myth 2: It Doesn't Matter if My Device or Account Gets Hacked

Ever felt like your data isn't that juicy for hackers to bother with? Well, think again! Even if you believe your info isn't bank-vault-level valuable, in the eyes of the data-hungry industry, it is a gold mine. So, better safe than sorry!

Myth 3: My Password Is Fort Knox, So I'm All Good

Hats off to you for having a robust password game! But here's a plot twist: even the strongest password won't save you if you reuse it. If one account gets compromised, it's like leaving all your doors wide open. Consider a password manager for multiple accounts – a true superhero in the cyber world!

Myth 4: Password Managers Are a Security Hazard

Fret not! Good password managers are like your personal vault, safeguarding your unique passwords for each account. And it can create strong passwords for you. Plus, adding Multi-Factor Authentication (MFA) adds an extra layer of security. It's like having a bouncer checking IDs at an exclusive party – no gatecrashers allowed!

Myth 5: Spotting Phishing Emails Is a Piece of Cake

Ah, the days when scam emails were filled with typos and awkward phrasing are long gone! AI has leveled up scammers' game, making phishing emails look way more legit. Stay sharp and take a moment before clicking anything fishy – trust your instincts!

Myth 6: A VPN Is the Ultimate Shield

VPN? More like a cool bodyguard for your online adventures! While it's great for surfing safely, remember, it's not a one-size-fits-all solution. Pair it up with strong passwords and a keen eye for scams to keep your digital castle secure.

Staying safe online isn't a myth! By adopting a few smart practices, you can beef up your digital defenses with ease. The power to protect yourself is in your hands – you've got this! Stay safe out there!